Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The mystery of faith. Save us, Saviour of the world,

for by your Cross and Resurrection

you have set us free.

Communion Antiphon: The Son of Man has come

to give his life as a ransom for many.

## REFLECTION The request that Jesus refused to grant.

James and John were two opportunists. Their one aim was to rise in the ranks.

To achieve their end they did not hesitate to beg. They did not mind how much envy and resentment

they aroused in their companions.

Their aim was to scramble up the career ladder.

But at what price to themselves? If in the course of their rise to the top, people lose themselves, their own souls, whatever they do or achieve will be worthless.

Power hardens the human heart.

A hard-hearted person is incapable of love.

It is by giving that we receive,

and it is by serving that we grow in love.

## Prayer after Communion:

Grant, O Lord, we pray, that, benefiting from participation in heavenly things, we may be helped by what you give in this present age and prepared for the gifts that are eternal. Through Christ our Lord. **Amen.** 

## Final Blessing:

The Lord be with you.

And with your spirit.

May almighty God bless you:

the Father, and the Son and the Holy Spirit. Go in peace.

Amen. Thanks be to God.

MAY every life that touches mine ... be it the slightest contact ... from it I get some good, some little grace, one kindly thought ... one aspiration yet unfelt ... one bit of courage for the darkening sky ... one gleam of faith to brave the thickening ills of life ... one glimpse of brighter skies beyond the gathering mist ... to make this life worthwhile.

**Prayer:** Dear God, in your endless friendship thank you for being patient with me. Help me to be patient with myself. Let me see my contrariness as leading me closer to your love and peace. Thank you for your presence in the midst of my disquiet which I know will be turned into true beauty and endless love. Amen

# Twenty-Ninth Sunday of the Year B

Entrance Antiphon: To you I call; for you will surely heed me, O God; turn your ear to me, hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me. Psalm 16:6,8

The Letter to the Hebrews today tells us that in Jesus we have a High Priest who was tempted in every way that we are, though he is without sin. He has been through the mill. Therefore, he can understand our struggles and help us. Let us approach him with confidence.

Lord, you give us strength when we are weak. Lord, have mercy. You raise us up when we fall. Christ, have mercy. You give us courage when we are down-hearted. Lord, have mercy.

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## Let us pray:

Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.** 

#### FIRST READING

A reading from the prophet Isaiah.

Isaiah 53:10-11

The Lord has been pleased to crush his servant with suffering. If he offers his life in atonement, he shall see his heirs, he shall have a long life and through him what the Lord wishes will be done. His soul's anguish over, he shall see the light and be content. By his sufferings shall my servant justify many, taking their faults on himself.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Psalm 32

Response: May your love be upon us, O Lord, as we place all our hope in you.

The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love.

Response

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine.

Response

Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you.

Response

#### SECOND READING

A reading from the letter to the Hebrews.

Hebrews 4:14-16

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are though he is without sin. Let us be confident then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

The word of the Lord.

Thanks be to God.

Alleluia, alleluia! The Son of Man came to serve, and to give his life as a ransom for many. Alleluia!

GOSPEL Mark 10:35-45

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

James and John, the sons of Zebedee, approached Jesus. 'Master,' they said to him, 'we want you to do us a favour.' He said to them: 'What is it you want me to do for you?' They said to him: 'Allow us to sit one at your right hand and the other at your left in your glory.' 'You do not know what you are asking' Jesus said to them. 'Can you drink the cup that I must drink, or be baptised with the baptism with which I must be baptised?' They replied: 'We can.' Jesus said to them: 'The cup that I must drink you shall drink, and with the baptism with which I must be baptised you shall be baptised, but as for seats at my right hand or my left, these are not mine to grant; they belong to those to whom they have been allotted.'

When the other ten heard this they began to feel indignant with James and John, so Jesus called them to him and said to them: 'You know that among the pagans their so-called rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to become great among you must be your servant, and anyone who wants to be first among you must be slave to all. For the Son of Man himself did not come to be served but to serve, and to give his life as a ransom for many.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

Let us make the profession of faith:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God. Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified. who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## Offertory:

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

## Prayer over the Offering:

Grant us, Lord, we pray, a sincere respect for your gifts, that, through the purifying action of your grace, we may be cleansed by the very mysteries we serve. Through Christ our Lord. **Amen.** 

### Preface:

The Lord be with you.

Lift up your hearts.

Let us give thanks to the Lord our God.

And with your spirit.

We lift them up to the Lord.

It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God. For you laid the foundations of the world and have arranged the changing of times and seasons; you formed man in your own image and set humanity over the whole world in all its wonder, to rule in your name over all you have made and for ever praise you in your mighty works, through Christ our Lord. And so, with all the Angels, we praise you, as in joyful celebration we acclaim: