

by the passion of the Cross  
he freed us from unending death,  
and by rising from the dead he gave us life eternal.  
And so, with the Angels and Archangels,  
with Thrones and Dominions,  
and with all the hosts and Powers of heaven,  
we sing the hymn of your glory, as without end we acclaim:

**Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

The mystery of faith. **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*Communion Antiphon:* **Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.**

#### REFLECTION

To do the work of Christ is really quite simple. It means to be faithful in little things, for to be faithful in little things is a big thing. It means to do one's task; no matter how humble, not only thoroughly but joyfully. It means to make oneself available, yet never to seek the limelight. It means to make oneself useful, without seeking to push oneself. It means to carry one's own burden, without, as far as possible, becoming a burden on others. In a word, it means to be at one's post, helpful and faithful, loyal and constant. Lord, make me an instrument for the building of your kingdom.

#### *Prayer after Communion:*

Having consumed these gifts, we pray, O Lord, that, by our participation in this mystery, its saving effects upon us may grow. Through Christ our Lord.  
**Amen.**

#### *Final Blessing:*

The Lord be with you:

May almighty God bless you,  
the Father, the Son, and the Holy Spirit.

Go forth, the Mass is ended.

**And with your spirit.**

**Amen.**

**Thanks be to God.**

*Prayer:* Dear God, you have called me and I am yours. I know and believe this truth but I am often frightened about what you are calling me to do. Even though you are there with me, directing and guiding me all along the way, I fear the unknown, the apparently impossible. I do not know which way you want me to turn the beam of wood that is my life. Often, I think it is nothing more or less than a crucifying timber bearing pain and sorrow. Help me to find resurrection in your prophetic message. Give me the strength and courage to turn that wood over and over again, until it is in place correctly and strengthening all who come under its roof. Amen.

## Fifteenth Sunday of the Year B



#### *Entrance Antiphon:*

**As for me, in justice I shall behold your face;  
I shall be filled with the vision of your glory.**

We come to the Lord at his invitation, to receive from him. And at the end of Mass we are sent out to share with others the gifts we have received from the Lord.

Here the Lord forgives our sins, speaks his word to us, and nourishes us with the food of the Eucharist. By bringing us together he makes it possible for us to support one another.

Let us ask the Lord's forgiveness for the wrong we have done and the good we have failed to do:

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

Lord have mercy  
Christ have mercy  
Lord have mercy

**Lord have mercy  
Christ have mercy  
Lord have mercy**

**Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

#### Let us pray:

O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians, the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

FIRST READING

A reading from the prophet Amos.

Amos 7:12-15

Amaziah, the priest of Bethel, said to Amos: 'Go away seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.'

'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah. 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said: "Go prophesy to my people Israel".'

The word of the Lord.

**Thanks be to God.**

RESPONSORIAL PSALM

Psalm 84

**Response: Let us see, O Lord, your mercy and give us your saving help.**

I will hear what the Lord God has to say,  
a voice that speaks of peace,  
peace for his people.

His help is near for those who fear him  
and his glory will dwell in our land. **Response**

Mercy and faithfulness have met;  
justice and peace have embraced.

Faithfulness shall spring from the earth  
and justice look down from heaven. **Response**

The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **Response**

SECOND READING

A reading from the letter of St Paul to the Ephesians.

Ephesians 1:3-14

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determining that we should become his adopted sons, through Jesus Christ, for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved, in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.

The word of the Lord.

**Thanks be to God.**

**Alleluia, alleluia! Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia!**

GOSPEL

Mark 6:7-13

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Mark.

**Glory to you, Lord.**

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff - no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added: 'Do not take a spare tunic.' And he said to them: 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance: and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord.

**Praise to you Lord Jesus Christ.**

*The Apostles' Creed*

**I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

*Offertory:*

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

*Prayer over the Offering:*

Look upon the offerings of the Church, O Lord, as she makes her prayer to you, and grant that, when consumed by those who believe, they may bring ever greater holiness. Through Christ our Lord. **Amen.**

*Preface:*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For out of compassion  
for the waywardness that is ours,  
he humbled himself and was born of the Virgin;