For this is praised by Angels and Archangels, Cherubim, too, and Seraphim, who never cease to cry out each day, as with one voice they acclaim:

Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

- The mystery of faith.When we eat this Bread and drink this Cup,<br/>we proclaim your Death,<br/>O Lord, until you come again.
- Communion Antiphon: Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

#### REFLECTION

O Great Spirit, whose voice I hear in the winds, and whose breath gives life to the world, hear me. I come to you as one of your many children. I am small and weak; I need your strength and your wisdom. Make my eyes ever behold the red and purple sunset. Make my hands respect the things you have made, and my ears sharp to hear your voice. Make me wise so that I may know the things you have taught your children, the lessons you have hidden in every leaf and rock. Make me strong, so that I may not be superior to other people, but able to fight my greatest enemy, which is myself. Make me ever ready to come to you with straight eyes, so that when life fades as the fading sunset, my spirit may come to you without shame.

### Prayer after Communion:

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord. **Amen.** 

Final Blessing:	
The Lord be with you:	And with your spirit.
May almighty God bless you,	
the Father, and the Son, and the Holy Spirit.	Amen.
Go in peace, glorifying the Lord by your life.	Thanks be to God.

Almighty God, our help and our refuge, fountain of wisdom and tower of strength, you know that we can do nothing without your guidance and help. Direct us by your divine wisdom so that we may live our Christian lives faithfully and diligently according to your will, that we may be profitable to ourselves and others and to the glory of your holy name, for yours is the glory of the Father, the Son, and the Holy Spirit, now and forever. Amen.

# Trinity Sunday в

Entrance Antiphon: Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.



We are celebrating the feast of the Blessed Trinity. We begin and end the Eucharist with the names of the Father, the Son, and the Spirit on our lips. The Trinity is

a mystery to be celebrated with childlike love and trust. Our celebration of the Eucharist should deepen our relationship with God.

Lord, you revealed the Father to us as a God of love. Lord, have mercy. You yourself have become a Brother to us. Christ, have mercy. You have sent the Holy Spirit to be our Counsellor. Lord, have mercy.

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

#### Let us pray:

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen**.

FIRST READING A reading from the book of Deuteronomy(4:32-34. 39-40) Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?

Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your

children may prosper and live long in the land that the Lord your God gives you for ever.' The word of the Lord. **Thanks be to God.** 

The word of the Lord. RESPONSORIAL PSALM

Psalm 32

#### Response: Happy the people the Lord has chosen as his own.

The word of the Lord is faithful; and all his works are to be trusted. The Lord loves justice and right	
and fills the earth with his love.	Response
By his word the heavens were made,	
by the breath of his mouth all the stars.	
He spoke; and they came to be.	
He commanded; they sprang into being.	Response
The Lord looks on those who revere him,	
on those who hope in his love,	
to rescue their souls from death,	
to keep them alive in famine.	Response
Our soul is waiting for the Lord.	
The Lord is our help and our shield.	
May your love be upon us, O Lord,	
as we place all our hope in you.	Response

#### SECOND READING

A reading from the letter to the Romans.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out: 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord.

## Thanks be to God.

Romans 8:14-17

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. Alleluia!

#### GOSPEL

#### The Lord be with you.

# Matthew 28:16-20 And with your spirit.

A reading from the holy Gospel according to Matthew. **Glory to you, Lord.** The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said: 'All authority in heaven and on earth has been given to me. Go therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.' The Gospel of the Lord. **Praise to you Lord Jesus Christ**.

#### Let us make the profession of our faith:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

#### Offertory:

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

#### Prayer over the Gifts:

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord. **Amen.** 

#### Preface:

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