

Lord, holy Father, almighty and eternal God.
 For, bringing your Paschal Mystery to completion,
 you bestowed the Holy Spirit today
 on those you made your adopted children
 by uniting them to your Only Begotten Son.
 This same Spirit, as the Church came to birth,
 opened to all peoples the knowledge of God
 and brought together the many languages of the earth
 in profession of the one faith.
 Therefore, overcome with paschal joy;
 every land, every people exults in your praise
 and even the heavenly Powers, with the angelic hosts,
 sing together the unending hymn of your glory, as we acclaim:

Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The mystery of faith. **Save us, Saviour of the world,
 for by your Cross and Resurrection
 you have set us free.**

Communion Antiphon:

**They were all filled with the Holy Spirit
 and spoke of the marvels of God, alleluia. John 14:15-16**

REFLECTION Be guided by the Spirit of God.
 Do not let yourselves be guided by the spirit of self-indulgence. Look
 at the legacy self-indulgence produces: bad temper, fighting,
 jealousy, cruelty, meanness, revenge, fornication, idolatry, and
 drunkenness. These are ugly things, and make life miserable.
 Rather, let yourself be guided by the Spirit of God. Look at the legacy
 the Spirit brings: love, joy, peace, patience, kindness, goodness,
 faithfulness, gentleness and self-control. These are beautiful things,
 and make life joyful. They are a foretaste of the joy of heaven. Spirit
 of the living God, fall afresh on us.

Prayer after Communion:

O God, who bestow heavenly gifts upon your Church, safeguard, we pray,
 the grace you have given, that the gift of the Holy Spirit poured out upon
 her may retain all its force and that this spiritual food may gain her
 abundance of eternal redemption. Through Christ our Lord. **Amen.**

Final Blessing:

The Lord be with you: **And with your spirit.**
 May almighty God bless you, **Amen.**
 the Father, and the Son, and the Holy Spirit.
 Go in peace, alleluia, alleluia. **Thanks be to God alleluia, alleluia.**

Pentecost ^B



**The love of God has been poured into our hearts
 through the Spirit of God dwelling within us, alleluia.**

Pentecost saw the birth of the Church. This day the
 apostles went out fearlessly to preach the Gospel to the
 world. They did this after they received the Holy Spirit. We
 too need the Holy Spirit to live authentic Christian lives.

Lord, you send the Holy Spirit to bind us together. Lord, have mercy.
 You send the Holy Spirit to heal the wounds of sin. Christ, have mercy.
 You send the Holy Spirit to guide us in truth. Lord, have mercy.

**Glory to God in the highest, and on earth peace to people of good will.
 We praise you, we bless you, we adore you, we glorify you, we give you
 thanks for your great glory. Lord God, heavenly King, O God, almighty
 Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God,
 Son of the Father, you take away the sins of the world, have mercy on
 us; you take away the sins of the world, receive our prayer; you are
 seated at the right hand of the Father, have mercy on us. For you alone
 are the Holy One, you alone are the Lord, you alone are the Most High,
 Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

Let us pray:

O God, who by the mystery of today's great feast sanctify your whole
 Church in every people and nation, pour out, we pray, the gifts of the Holy
 Spirit across the face of the earth and, with the divine grace that was at
 work when the Gospel was first proclaimed, fill now once more the hearts
 of believers. Through our Lord Jesus Christ, your Son, who lives and
 reigns with you in the unity of the Holy Spirit, one God, for ever and ever.
Amen.

FIRST READING A reading from the Acts of the Apostles. (Acts 2: 1-11)
 When Pentecost day came round, the apostles had all met in one room, when
 suddenly they heard what sounded like a powerful wind from heaven, the noise of
 which filled the entire house in which they were sitting; and something appeared to
 them that seemed like tongues of fire; these separated and came to rest on the
 head of each of them. They were all filled with the Holy Spirit, and began to speak
 foreign languages as the Spirit gave them the gift of speech. Now there were
 devout men living in Jerusalem from every nation under heaven, and at this sound
 they all assembled, each one bewildered to hear these men speaking his own
 language. They were amazed and astonished. 'Surely' they said 'all these men
 speaking are Galileans? How does it happen that each of us hears them in his own
 native language? Parthians, Medes and Elamites; people from Mesopotamia,
 Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the
 parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes
 alike - Cretans and Arabs; we hear them preaching in our own language about the
 marvels of God.'

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Psalm 103

Response: Send forth your Spirit, O Lord, and renew the face of the earth.

May the glory of the Lord last for ever!
 May the Lord rejoice in his works!
 May my thoughts be pleasing to him.
 I find my joy in the Lord **R/**

Bless the Lord, my soul!
 Lord God, how great you are,
 How many are your works, O Lord!
 The earth is full of your riches. **R/**

You take back your spirit, they die,
 returning to the dust from which they came.
 You send forth your spirit, they are created;
 and you renew the face of the earth. **R/**

SECOND READING

A reading from the letter of St Paul to the Galatians. Galatians 5:16-25
 If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn you now, as I warned you before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desires. Since the Spirit is our life, let us be directed by the Spirit.
 The word of the Lord. **Thanks be to God.**

SEQUENCE

**Holy Spirit, Lord of light,
 From the clear celestial height
 Thy pure beaming radiance give.**

**Come, thou Father of the poor,
 Come with treasures which endure;
 Come, thou light of all that live!**

**Thou, of all consolers best,
 Thou, the soul's delightful guest,
 Dost refreshing peace bestow.**

**Thou in toil art comfort sweet;
 Pleasant coolness in the heat;
 Solace in the midst of woe.**

**Light immortal, light divine,
 Visit thou these hearts of thine,
 And our inmost being fill:**

**If thou take thy grace away,
 Nothing pure in man will stay;
 All his good is turned to ill.**

**Heal our wounds, our strength renew;
 On our dryness pour thy dew;
 Wash the stains of guilt away:**

**Bend the stubborn heart and will;
 Melt the frozen, warm the chill;
 Guide the steps that go astray.**

**Thou, on us who evermore
 Thee confess and thee adore,
 With thy sevenfold gifts descend:**

**Give us comfort when we die;
 Give us life with thee on high;
 Give us joys that never end.**

**Alleluia, alleluia! Come, Holy Spirit,
 fill the hearts of your faithful
 and kindle in them the fire of your love. Alleluia!**

GOSPEL

John 15:26-27; 16:12-15

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to John.

Glory to you, Lord.

Jesus said to his disciples: 'When the Advocate comes, whom I shall send to you from the Father, the Spirit of truth who issues from the Father, he will be my witness. And you too will be witnesses, because you have been with me from the outset. I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.*The Apostles' Creed*

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Offertory:

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord. **Amen.**

Preface:

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation,
 always and everywhere to give you thanks,